



# TRANSPENNINE

— KITCHEN —

west coast



# WELCOME ON BOARD

We invite you to enjoy a choice of complimentary local food and our range of drinks – the offer will vary according to the time of day and duration of your journey.

When selecting our menu, we worked with a range of regional producers from communities in and around the West Coast Mainline.

We hope you enjoy our menu and have a pleasant journey.  
Thank you for travelling with TransPennine Express.

Your superstar host will be along shortly to take your order.



For allergy and calorie information please  
use the QR code or ask your customer host.

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## **Please drink responsibly.**

We're here to ensure your journey is safe, enjoyable, and memorable.

The safety of our customers is our top priority. We prepare our food with care and are committed to providing accurate allergen information. Please be aware that whilst we take precautions to avoid cross-contamination, we prepare our food in a kitchen where allergens, including gluten, may be present.

If you have coeliac disease or any other food allergies or intolerances, please inform us when placing your order so we can assist you in making safe meal choices.



# BREAKFAST

Served until 11am

## REGIONAL BREAKFAST 937 kcal

Full English breakfast with Cumberland sausage, black pudding from the Bury Black Pudding Company, frittata, and baked beans.

## BREAKFAST ROLLS

Your choice of filling served in a brioche style bun with ketchup or brown sauce:

Bacon	<span>272 kcal</span>
Cumberland Sausage	<span>327 kcal</span>
Vegetable Omelette	<span>216 kcal</span>
Vegan Sausage	<span>274 kcal</span>

## BELGIAN WAFFLES 416 kcal

Warm golden waffles served with a vibrant summer berry compote.

## BIO & ME NICE & NUTTY PORRIDGE

Creamy plant-based porridge with crushed almonds and hazelnuts, served, with honey (optional).

## BUTTER CROISSANT

Flaky all butter croissant, served, with strawberry jam (optional).


## TEA CAKES 255 kcal

Hot tea cakes, served, with jam and butter (optional).


## CRUMPETS 195 kcal

Hot Warburtons crumpets, served, with jam and butter (optional).

Subject to availability.

 Vegetarian

 Vegan

 Suitable for people intolerant to gluten



## REST OF THE DAY

Served after 11am

### **BELHAVEN SMOKED SALMON PENNE PASTA** 465 kcal

A luxurious dish featuring tender penne pasta, topped with premium Belhaven Scottish smoked salmon, in a rich crème fraîche sauce, with a delicate hint of lemon zest.

### **CHICKEN & LEEK PIE** 686 kcal

A comforting golden-brown pie filled with tender chicken and leeks in a creamy sauce, served with savoy cabbage.

### **HARISSA VEGETABLE STEW\*** 265 kcal

A warming and flavourful harissa-spiced vegetable and chickpea stew with roasted red pepper, carrot, red split lentils and onion.

### **CHORIZO SAUSAGE ROLL** 507 kcal

Lovingly made by Pie Demand, Carlisle.

### **REGIONAL CHEESEBOARD** 668 kcal


An assortment of cheeses, including Isle of Mull, Blue Murder & Lammermuir, served with crunchy crackers and onion chutney.

Subject to availability.

\* Made from ingredients that do not contain gluten.  
However, due to the preparation process, this dish may not be suitable for those with gluten allergies.

 Vegetarian

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## SNACKS

### PIPERS CRISPS

Anglesey sea salt.

### MEREDITH & DREW BISCUITS

Perfect with a cuppa: milk choc chip cookie, white choc chip cookie, shortie swirl, and oat crunch.

### LEMON CAKE

Farmhouse zesty lemon cake.

### CHOCOLATE CAKE

Farmhouse chocolate sponge cake.

### PENN STATE SOUR CREAM & CHIVE PRETZELS

Crunchy pretzels with a tangy coating.

### TUNNOCK'S CARAMEL WAFER

Caramel wafer coated in milk chocolate.

### GUSTO SALTED CARAMEL POPCORN

Crunchy popcorn coated in caramel with a soft, chewy centre.

## SOMETHING REFRESHING

### Hot Drinks

Selection of Farrer's Teas & Coffees  
made in the Lake District

Breakfast tea

0 kcal

Earl Grey tea

0 kcal

Peppermint tea

0 kcal

Green tea

0 kcal

Farrer's coffee

2 kcal

Farrer's decaf coffee

2 kcal

Farrer's hot chocolate

116 kcal

### Cold Drinks

Coca-Cola 330ml


Coke Zero 330ml

Sprite Zero 330ml

Orange Juice

 Vegetarian

 Vegan

 Suitable for people  
intolerant to gluten



## AFTER 11AM

we also serve

### THE COPPER CREW ORGANIC FIANO

Fruity, almost tropical, and moreish white wine; this Fiano leads with blossom aromas and has apple and tropical lychee flavour.

Italy | 187ml | Dry white wine

### THE COPPER CREW ORGANIC ROSATO

Fruit-forward and bright rosé wine with an alluring floral nose and bright finish. It has notes of cherry, summer fruits and magnolia.

Italy | 187ml | Dry rosé wine

### THE COPPER CREW ORGANIC NEGROAMARO

Deeply coloured, this red wine is velvety and full on the palate but fresh to finish. It's packed with black plums, wild berries and chocolate.

Italy | 187ml | Dry red wine

### THE COPPER CREW ORGANIC BIANCO SPRITZ

This zesty, fresh Bianco Spritz is based on the Fiano variety that brings ripe stone fruits and soft citrus, combined with plenty of bubbly character.

Italy | 200ml | White wine spritzer

### LANCASTER SUPERNOVA PALE ALE

A Pale Ale bursting with a unique blend of spicy and tropical flavours, served in a can designed by Lucy Richards one of our customer relations specialist. Lovingly brewed by our partners at Lancaster Brewery.

### MASON'S GIN & TONIC

Mason's Gin paired with Franklin & Sons tonic.

### MASON'S VODKA & LEMONADE

Mason's Vodka paired with Franklin & Sons lemonade.


### LUCKY SAINT LAGER

Alcohol-free, superior unfiltered lager.

0.5% ABV.

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 Vegan

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# OUR SUPPLIERS

Take a journey through the best produce the North has to offer and support local businesses.

Look out for drinks and snacks handmade by local suppliers based along our route.

